

**Dear Nanny Employer,**

We are excited to share a special opportunity for your nanny: the Nanny Tees Self-Care Retreat, taking place June 4-7, 2026 in Dallas, TX. We'll gather at The Omni Las Colinas for a time of community, education, and self care. This retreat is designed to help nannies rest, recharge, and gain tools to support their well-being, benefiting both them and the families they care for.

The weekend includes wellness workshops, guided stretch sessions, group therapy, personal development activities, and opportunities to connect with other nannies. Attendees will leave refreshed, inspired, and equipped with practical strategies for wellness, and self care.

Registration details: \*Early Bird\*

- General: \$329
- VIP: \$429 — includes early arrival reception on June 4th, and a spa day on June 5th

Hotel accommodations are available at The Omni, Las Colinas, at a discounted group rate of \$179/night (not included in registration). It's not required to stay at the host hotel during the retreat. Registration and the schedule info: [www.nannytees.com/retreat](http://www.nannytees.com/retreat)

We encourage you to consider sponsoring your nanny for this transformative weekend. Investing in their well being supports their growth, job satisfaction, and the care they provide to your family.

For questions or additional details, please email [hello@nannytees.com](mailto:hello@nannytees.com). We look forward to welcoming your nanny!

**Stephanie Bauchum**  
**Founder & CEO**  
**Nanny Tees**